

Happy Mothers for Happy Babies

Love Breastfeeding



SWISS QUALITY 

 **ARDO**
Hospital Recommended

Ardo products make everyday life easier for mothers, offer support in case of nursing problems and allow a person of trust to feed the breast milk.

Happy Mothers for Happy Babies



Inspiring breastfeeding products

As a trusted partner of hospitals and breastfeeding experts, Ardo has been meeting the highest demands with its mother and baby range for many years now—both at home and in hospitals. Throughout all of this, mothers and their needs are placed at the centre of attention. The birth of a baby is a time of great joy, but it's also a time of major change, with fewer opportunities for leisure pursuits. That's why Ardo puts so much thought into developing products that make breastfeeding and the problems that sometimes come with it so much easier for new mums.

Ardo—Love Breastfeeding

The Swiss company also takes the safety and quality of its products as well as its responsibility towards society and the environment extremely seriously. Ardo's breastfeeding products can help mothers breastfeed for longer. The company therefore considers itself bound by, and is committed to, the provisions of the WHO Code, because the proper management of breastfeeding in the first few weeks can determine its long-term success.

Benefits you can rely on

- A complete, specifically designed product range
- High standards of hygiene
- Reliable, proven Swiss quality
- Extensive expertise thanks to many years of working in cooperation with hospitals
- Excellent value for money



Ardo breastpumps

Whether manual or electric, a starter kit or a professional package—Ardo breastpumps offer excellent comfort and fulfil the very highest standards of hygiene and safety. The proven breastfeeding solution can be individually adapted for use in hospitals or at home.

The right product for every woman

Ardo has a suitable product for every woman for use in hospitals and at home. The breastpumps work delicately and efficiently, are straightforward and easy to operate. Their attractive and compact design as well as their great value for money is what makes many mothers swear by them. Ardo breastpumps help with breastfeeding difficulties and promote a sense of well-being by giving women the flexibility they need.

"Vacuum Seal" technology



High hygiene and safety standards thanks to the closed pump system

The proven "Vacuum Seal" technology serves as a 100 % barrier against bacteria and ensures that no breast milk or impurities can enter the connecting tube or pump. This provides reliable protection against contamination of the breast milk and thus prevents infection.



CARUM

BREASTPUMP FOR HOSPITALS AND HIRE

To satisfy the highest demands of mothers and specialists, Ardo developed the Carum hospital breastpump—it is powerful, reliable, and best equipped to meet the different requirements of mothers of full-term and pre-term babies.



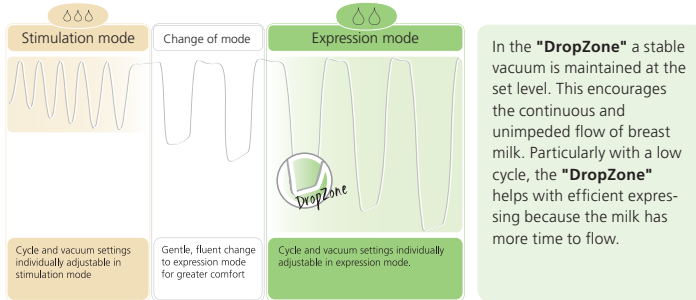
Unique, individually adjustable stimulation and expression mode

The Carum hospital-grade breastpump has many benefits: it is powerful while also being ideally suited for use in sensitive situations. It is also unbeatable in the double pump sector thanks to its dual-piston technology. Other popular features of the Carum hospital-grade breastpump are its ability to switch smoothly between the expression and stimulation mode (manually or automatically after 2 min) as well as the large colour display with its intuitive menu control. The closed pump system "Vacuum Seal" technology guarantees excellent safety and hygiene.

- Easy to operate and clean
- Quiet when in use
- Suction strength (vacuum) and frequency (cycle) settings can be adjusted individually and independently from one another, in stimulation mode and expression mode
- "Sensitive Programme" for gentle expressing when nipples are painful and sore
- Gentle transition from stimulation mode to expression mode (2 phase breastpump)
- Timer / stop watch
- Large color display with dimmer function
- Available with a mobile stand
- Also available for hire



"Individual Phases"



For mothers who want to decide for themselves

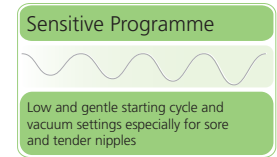
Ardo breastpumps can be adapted to the mother's personal needs at any time. The vacuum intensity and cycle settings can be individually adjusted.

Carum is the first breastpump to allow the cycle and vacuum intensity settings to be controlled independently from one another in both stimulation and expression mode.



"Sensitive Programme"



In the "Sensitive Programme" the professional Carum hospital breastpump operates with a barely detectable vacuum and cycle, thus enabling gentle expressing if nipples are painful and sore. The settings can also be adjusted to the sensitivity of the mother in small steps.

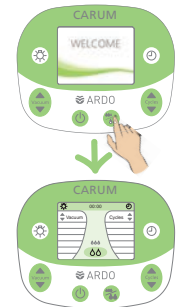


For sore and sensitive nipples

The smooth and gentle expression program is available as standard with every Carum.

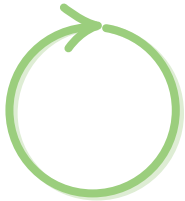
To activate the "Sensitive Programme":

1. Press the On/Off button 
2. Press the mode button  while the Welcome screen is displayed so that Carum switches to the "Sensitive Programme"



CLINIC PUMPSET

PUMPSET FOR HOSPITALS



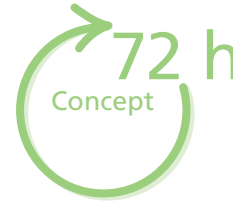
Re-usable

- Can be sterilized
- Five different sizes of breast shells available (22 mm, 26 mm, 28 mm, 31 mm, 36 mm)
- Ideal for breastpump hire
- With a hygiene barrier: 100 % barrier against contamination thanks to the "Vacuum Seal" technology



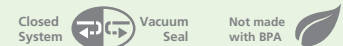
ONE MUM PUMPSET 72 H

STERILE PUMPSET FOR HOSPITALS



72 hours of use

- Can be used for 72 hours without sterilizing (proven cleaning procedure)
- Individually wrapped and sterile
- Five different sizes of breast shells available (22 mm, 26 mm, 28 mm, 31 mm, 36 mm)
- Environmentally friendly reusable solution
- With a hygiene barrier: 100 % barrier against contamination thanks to the "Vacuum Seal" technology
- Accessory bag: washable storage bag for two Pumpsets which is suitable for labelling



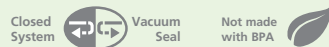
CLINICARE PUMPSET

STERILE DISPOSABLE OR 24-H PUMPSET



Single use or 24-h use

- Disposable or 24-h use (8 x per day)
- Individually wrapped and sterile
- Three different sizes of breast shells available (22 mm, 26 mm, 31 mm)
- The only disposable pump system with a hygiene barrier integrated in the breast shell: 100 % barrier against contamination thanks to the "Vacuum Seal" technology
- Excellent standard of hygiene and safety
- Easy to use
- Accessory bag: washable storage bag for two Pumpsets which is suitable for labelling



CLINISTORE

DISPOSABLE MILK BOTTLES FOR HOSPITALS



Single use

- Versions available:
 - Sterile, individually packaged
 - Ready-to-use, bulk packaged
- Express-Store-Feed
- Disposable
- Compatible with all Ardo pumpsets
- Four sizes: 50 ml, 80 ml, 120 ml, 250 ml
- Standardized bottle neck
- Graduated scale with 1 ml units
- Scale of the 50 ml colostrum bottle starts with 1 ml



CALYPSO

ELECTRIC BREASTPUMP



The gentle breastpump

For mothers who still want to enjoy their freedom when breastfeeding and who want maximum flexibility.

Extremely easy to use—wherever you are

When a mother wants to express milk regularly and over an extended period of time, the Calypso breastpump is the ideal choice. The pump is very quiet to operate, so milk can be expressed comfortably and discreetly. Nevertheless, the suction strength is incredibly powerful. As the breastpump is so quiet and gentle, there is nothing to stop you doing something else at the same time, such as speaking on the telephone. The Calypso fulfils the highest standards of hygiene and provides excellent safety for breastfeeding mothers. Other outstanding features include its attractive and compact design.

- Very quiet
- Simple, intuitive use
- Suction strength (vacuum) and frequency (cycle) settings can be adjusted individually and independently from one another
- Excellent value for money
- Unique guarantee
- Efficient—express milk in half the time with the Calypso Double Plus

Individual Phases



Closed System



Vacuum Seal

Ultra Silent and Gentle



Warranty Plus



Best Breastpump 2019

Express milk in half the time

Double expression with Ardo products means expressing milk from both breasts simultaneously—gently and quickly. This stimulates milk production and halves the time needed.

The benefits of using a double breastpump

Double pumping provides optimum stimulation for milk production^{1,2,3}, thus allowing mothers to express significantly more breast milk. Furthermore, it reduces pumping time by half^{4,5}. This is especially beneficial for mothers who want to express their milk over a long period of time, e.g. mothers who are in work.

Literature

¹ Jones E, Dimmock PW, Spencer SA. A randomised controlled trial to compare methods of milk expression after preterm delivery. *Arch Dis Child Fetal Neonatal Ed* 2001; 85 F91-F95

² Hill PD, Aldag JC, Chatterton RT. Effects of pumping style on milk production in mothers of non-nursing preterm infants. *J. Hum Lact* 1999; 15: 209-216

³ Hill PD, Aldag JC, Chatterton RT. The effect of sequential and simultaneous breast pumping on milk volume and prolactin levels: a pilot study. *J. Hum Lact* 1996; 12:193-199

⁴ Groh-Wargo S, Toth A, Mahoney K et al. The utility of bilateral breast pumping system for mothers of premature infants. *Neonatal Netw* 1995;14:31-36 JC

⁵ Chatterton RT. The effect of sequential and simultaneous breast pumping on milk volume and prolactin levels: a pilot study. *J. Hum Lact* 1996; 12: 193-199

Unique warranty

With its extended warranty, irrespective of the purchase date, Ardo is the only manufacturer to offer a complete function warranty for an operating time of 400 hours.

Warranty plus: 400 hours

The duration of the 400 hour warranty is equivalent to the average breastfeeding time of two babies. The extended warranty is valid as long as the green LED display lights up.



CALYPSO

ELECTRIC BREASTPUMP



The Calypso breastpump is simple to use and is the ideal starter model for all new mums.

Contents: Calypso + Pumpset with a 26 mm breast shell + bottle stand + power adapter

CALYPSO DOUBLE PLUS

DOUBLE ELECTRIC BREASTPUMP



The Calypso Double Plus breastpump allows you to gently express milk from both breasts at the same time. This stimulates milk production and reduces the expression time by half. The three different sizes of breast shell ensure that nearly every mother can find a size to suit her nipple.

Contents: Calypso + 2 x Pumpset with 26 mm breast shell + power adapter + 2 x Optiflow + 2 x breast shell 31 mm + 2x breast shell insert 28 mm + cleaning brush + bottle holder

CALYPSO-TO-GO

DOUBLE ELECTRIC BREASTPUMP ON THE GO



The Calypso-To-Go breastpump enables gentle expressing of both breasts at the same time—with everything needed for expressing and storing breast milk while on the go. The three different sizes of breast shells ensure that almost every mother can find a size to suit her nipple. The handle provided can be used to quickly and easily assemble a manual breastpump.

Contents: Calypso + 2 x Pumpset with 26 mm breast shell + power adapter + 2 x Optiflow + 2 x breast shell 31 mm + 2x breast shell insert 28 mm + cleaning brush + bottle holder + 6 additional bottles + breastfeeding bag + bags + cool bag + cooling elements + handle

SINGLE PUMPSET

SINGLE PUMPSET



Contents: Pumpset

DOUBLE PUMPSET

DOUBLE PUMPSET



Contents: 2 x Pumpset

AMARYLL START

MANUAL BREASTPUMP

The Amaryll Start manual breastpump combines top quality with an ergonomic design.

Express milk efficiently, comfortably and manually

The Amaryll Start manual breastpump is popular with many mothers and professionals. The suction strength and frequency can be separately adjusted using the ergonomic handle, which is suitable for both right and left handed mothers as well as those with small hands. The handle enables the stimulation mode (high suction frequency, low vacuum) and the expression mode (low suction frequency, high vacuum) to be manually generated.



- Manual pump for gentle expressing
- Excellent safety and hygiene
- Fatigue-free expressing thanks to the ergonomic design
- Stimulation and expression modes can be manually generated
- Manual breastpump with a 26 mm breast shell
- Other breast shell options available as accessories

Choosing the right breast shell

Every breast is different and therefore it is important to choose the right breast shell. A breast shell that fits well contributes greatly to successful expressing.



Individually selectable

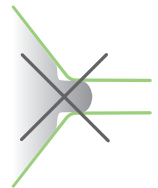
The breast shell is the right size when...

- the nipple moves freely in the funnel and can follow the rhythmic movements of the breastpump
- there is no, or only a little, areolar tissue in the funnel
- the milk flows and the breast feels soft all over after pumping.



The breast shell is too small when...

- the nipple rubs against the side of the funnel
- pumping is unpleasant, even with a low vacuum
- the milk flows slowly
- you are able to express less breast milk than expected.



The breast shell is too big when...

- the areola is sucked into the funnel
- pumping feels unpleasant.





Ardo breastfeeding aids

The breastfeeding period is an unforgettable, but also intensive stage in life in which our breastfeeding aids offer good support.

Simple and practical products

The Ardo product range covers everything you need to facilitate everyday breastfeeding and to relieve mothers—for example, in case of absence or breastfeeding problems.

DAY & NIGHT PADS

DISPOSABLE BREAST PADS

Day & Night Pads offer maximum reliability and comfort, both day and night.

Comfort and protection

With their unique leakage protection, Day & Night Pads offer outstanding protection both during the day and at night. The pads are soft and comfortable to wear and they adapt perfectly to the breast. Two adhesive strips ensure that they are held firmly in place in the bra. Mothers love this winning combination of ultimate protection and comfort against the skin during the breastfeeding period.

Contents: 30 or 60 disposable breast pads



- Side leak protection for greater security—clothes are protected at all times from leaking milk
- Absorbent and comfortable to wear
- Ergonomic 3D design
- Individually wrapped for extra hygiene

LILYPADZ®

RE-USABLE SILICONE BREAST PADS



Stay completely dry and feel good

- Non-absorbent
- Effectively and discreetly prevent unwanted leaks by applying constant pressure on the nipple
- Innovative
- Can be used for up to two months
- Made with breathable and skin-friendly silicone
- Discreet and invisible under clothing—even when worn for swimming, sports or under an evening dress

Contents: 2 breast pads

TULIPS

NIPPLE SHIELDS



Assists with sucking or latching on problems

- Suitable for unusual nipple shapes
- To protect sore, painful nipples
- Soft shaft for the sensitive oral cavity of babies
- Maximum skin contact during breastfeeding thanks to tulip shape
- Made of skin-friendly, odorless, and tasteless silicone
- Not made with BPA and latex free
- In 3 sizes available:
S = 16 mm, M = 20 mm, L = 24 mm

Contents: 2 nipple shields, size S, M or L, storage box

TEMPERATURE PACK

ANATOMICAL BREAST COMPRESS



For soothing relief

- Can be used as a cold or a warm compress
- Generous opening prevents contact with the sensitive nipple
- Anatomical shape also relieves the hardening of axillary glandular tissue
- Soft textile cover protects the skin—reusable

Contents: 1 cold and warm compress + 1 textile cover

GOLD CREAM

LANOLIN NIPPLE CREAM



For dry, sensitive nipples

- Cares for nipples and prevents the skin from becoming dry
- Promotes moist wound healing in case of sensitive and sore nipples
- Hypoallergenic
- Gentle on your skin and free from odour and taste

Contents: 10 ml or 30 ml



EASY STORE

BREAST MILK STORAGE BAG



Store breast milk safely

- For storing breast milk in the fridge or freezer
- Neutral odor and taste
- The filled bag will stand on its own
- Stackable
- Single use

Inhalt: 25 Beutel

EASY FREEZE

BREAST MILK STORAGE BAG



Express directly into the bag

- For storing breast milk in the fridge or freezer
- Milk can be expressed straight into the bag
- Unique feature: integrated heat indicator
- Neutral odor and taste
- The filled bag will stand on its own
- Stackable
- Single use

Contents: 20 bags + 2 reusable zip fastenings

EASY CLEAN

MICROWAVE BAG



Fast and safe cleaning

- For fast and reliable cleaning of breastfeeding accessories
- Easy to use
- 100 applications (20 times per bag)
- Saves energy and costs

Contents: 5 bags = 100 steam cleanings

Practical accessories

SINGLE/DOUBLE PUMPSET

SINGLE PUMPSET / DOUBLE PUMPSET

- Suitable for use with Carum or Calypso
- 100 % barrier against contamination thanks to the "Vacuum Seal" technology



AMARYLL KOMBIKIT

CONVERSION KIT FOR MANUAL BREASTPUMP

A cost-effective way to transform your Ardo Pumpset into the Amaryll manual breastpump.



OPTIFLOW

ACTIVE MASSAGE INSERT

- Active massage effect
- Helps particularly with engorgement around the areola
- The 31 mm breast shell is needed for pumping with the Optiflow.
- Soft, silky-smooth silicone



EASY CUP

FEEDING CUP

- For problems with sucking or latching on
- Feeding without nipple confusion
- Cup without spout reduces risk of aspiration
- Not made with BPA
- 50 ml with graduated scale of 5 ml



SPARE PARTS

FOR PUMPSET

- **Service Kit Single**
2 lip valves, tube connector, flexible membrane pot
- **Service Kit**
4 lip valves, 2 tube connectors, 2 flexible membrane pots, 2 tubes



BREAST SHELLS

THE RIGHT SIZE FOR NEARLY EVERY NIPPLE

- For optimum expression
- Different sizes available:
22 mm, 26 mm, 28 mm, 31 mm, 36 mm



CLINISTORE

DISPOSABLE MILK BOTTLE, STERILE AND READY-TO-USE

- Sterile, individually packaged or ready-to-use, bulk packaged
- Express-Store-Feed
- Not made with BPA
- 4 sizes: 50 ml, 80 ml, 120 ml, 250 ml



GLASS BOTTLE

HOSPITAL GLASS BOTTLE

- Can be sterilized
- Includes lid
- 130 ml with graduated scale of 10 ml



COLOSTRUM BOTTLE

DISPOSABLE MILK BOTTLE, STERILE AND READY-TO-USE

- Sterile, individually packaged or ready-to-use, bulk packaged
- Express-Store-Feed
- Not made with BPA
- Rounded base for better removal of the milk
- 50 ml with 1 ml graduations



BREASTFEEDING BAG

ATTRACTIVE AND PRACTICAL

- Made from a durable material
- Practical inner compartments including an extra photo pocket
- Integrated hanging straps for pushchairs



BOTTLE SET

BOTTLES FOR BREAST MILK

- Reusable bottles
- Not made with BPA
- Lid with removable insert
- Standardized bottle neck
- 150 ml with graduated scale of 10 ml



COOL BAG

SECURE WAY TO TRANSPORT BREAST MILK

- Hard-wearing cool bag
- Store breast milk for up to 24 hrs
- Includes 3 cooling elements





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 **ARDO**
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